



Transition Activities

Support and activity ideas for our parents and carers

Below are some activities that you could do with your child before starting Reception and during the Covid-19 closure. These are just suggestions; you may already do lots of these. Our first priority is that your child is safe and happy during this strange time. Have fun!

INDEPENDENCE

- Allocating a place for your child to keep their coat and shoes at home and reinforce importance of keeping these safe.
- Encourage your child to eat as independently as possible using cutlery and to scrape their plate into bin on their own.
- Play dressing up games to help your child master using buttons and zips. Make this more challenging by timing them!
- Continue you to encourage your child to do the toilet routine independently, including wiping, flushing and washing hands.

COMMUNICATION

- Take a family photo, create an all about me page - talk to your child about themselves, their likes and dislikes and their family.
- Show your children the photos of their new classroom, talk to them about which areas they would like to play in. Do you have anything similar at home?
- Talk to your child about how they feel about school and why. Talk about different emotions and practise different facial expressions.
- Read stories together about starting school and growing up.
- Play games and sing songs that require your child to moderate their voice – exploring very quiet whispers to very loud projection.

PLAYING & EXPLORING

- Create a choice board – allow your child to choose morning and afternoon activities.
- Engage in role play with your child – encourage them to act out experiences and take on a role.
- Create an obstacle course with your child – depending on how this is created it will help your child to learn from trial and error.
- Mark making in different ways, e.g. pens and pencils, paint, chalk outdoors, water and paintbrushes outdoors. Can they write their name? (start with just first letter)

ACTIVE LEARNING

- Multiplayer games – encourage children to be involved, maintain focus and take turns.
- Number and letter hunts – simple way to practice recognition of these and become more aware of their environment.
- Create story sacks to encourage your child to interact with story time
- Memory games – hide items underneath cups on a tray – can they remember what is inside and where?

CREATING AND THINKING CRITICALLY

- Practise your route to school – how long does it take? What do you pass? Could you go a different way?
- Open ended activities that require your child to create and problem solve, e.g. using loose parts for imaginative construction and exploring mathematical properties, such as tall, short, heavy, light etc.
- Design and create an object that reflects their interests to show us when they start school, e.g. a castle, football, superhero mask. We are so excited to see your creations – be as imaginative as you can!