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| PE | Autumn | Spring | Summer |
| EYP | Movement | Ball Skills | Gymnastics | Throwing & Catching | Athletics | Multi-skills |
| Dance | Yoga | Yoga | Working together | Outdoor and Adventurous | Fun and Games |
| Year 1 | Dance- Animals | Basketball | Gymnastics | Multi-Skills | Outdoor and Adventurous | Rounders / Games using a racket |
| Multi- skills and invasion Games | Yoga | Yoga | Throwing and catching team games | Athletics | Badminton |
| Year 2 | Hockey | Handball | Gymnastics | Team Games | Outdoor and adventurous | Cricket |
| Football | Basketball | Yoga | Yoga | Athletics | Rounders |
| Year 3 | Tag Rugby | Handball | Gymnastics | Dance/Street Dance | Athletics | Tennis |
| Football | Basketball | Ball & Racket Skills | Tri-golf | Outdoor and Adventurous | Cricket |
| Year 4 | Gymnastics | Tag Rugby | Handball | Netball | Athletics | Tennis |
| Dance | Football | Basketball | Hockey | Outdoor and adventurous | Cricket |
| Year 5 | Tag Rugby | Handball | Dance | Gymnastics | Athletics | Tennis |
| Swimming | Swimming | Swimming | Swimming | Outdoor and adventurous | Rounders |
| Year 6 | Tag Rugby | Handball | Dance | Netball | Athletics | Tennis |
| Football | Basketball | Gymnastics | Hockey | Outdoor and adventurous | Rounders |