

Give Multiple Instructions

Give your child instructions around the house or while cooking together. Make them clear. Start with one instruction. Please fetch the book next to my bed.

Ask your child to repeat the instruction back to you, then follow it.

Increase it to two instructions. Please fetch the book next to my bed. Open it and take out the recipe cut-out from the front cover.

Again, ask your child to repeat both and then carry them out.

Increase this over time, until you can give 5 instructions at once. Multiple instructions are frequently given in the classroom, making this a valuable exercise.