

# Tactile Sensory Activities

- shaving cream finger painting
- sensory bins
- trace letters, shapes or numbers in salt
- playdough
- kinetic sand
- cloud dough
- fidgets
- sensory bottles or bags
- jump in a pile of leaves in the Autumn
- sculpt out of clay
- make slime
- water beads
- play in the mud
- finger paint with pudding
- bubble bath
- bathtub paints
- make tactile sensory cards
- make a sensory cube
- sensory balls
- playdough mats
- rainbow soap foam
- fill balloons with different things like rice, water beads, flour, playdough
- sensory walk
- use glue to create raised lines
- sand table or sandbox