



PSHE LTP

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	What helps us stay healthy?	Who is special to us?	What is the same and different about us?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Year 2	What helps us to stay safe?	What is bullying?	What jobs do people do?	What makes a good friend?	What helps us grow and stay healthy?	How do we recognise our feelings?
Year 3	What keeps us safe?	How can we be a good friend?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
Year 4	How can we manage our feelings?	How do we treat each other with respect?	How can we manage risk in different places?	What strengths, skills and interests do we have?	How can we help in an accident or emergency?	How can our choices make a difference to others and the environment?
Year 5	What makes up a person's identity?	What decisions can people make with money?	How can friends communicate safely?	How will we grow and change?	How can drugs common to everyday life affect health?	What jobs would we like?
Year 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow?	