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|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Year 1 | **What helps us stay healthy?** | **Who is special to us?** | **What is the same and different about us?** | **What can we do with money?** | **Who helps to keep us safe?** | How can we look after each other and the world? |
| Year 2 | **What helps us to stay safe?** | **What is bullying?** | **What jobs do people do?** | **What makes a good friend?** | **What helps us grow and stay healthy?** | How do we recognise our feelings? |
| Year 3 | **What keeps us safe?** | **How can we be a good friend?** | **What are families like?** | **What makes a community?** | **Why should we eat well and look after our teeth?** | Why should we keep active and sleep well? |
| Year 4/5 | **What makes up a person’s identity?** | **What decisions can people make with money?** | **How can friends communicate safely?** | **How will we grow and change?**  **How can we manage our feelings?** | **How can drugs common to everyday life affect health?** | What jobs would we like? |
| Year 6 | How can we keep healthy as we grow? | | How can the media influence people? | | What will change as we become more independent? How do friendships change as we grow? | |