

PE Long Term Plan 2023/2024

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYP	Multi-Skills activities leading towards games	Gymnastics	Dance +15m Yoga	Throwing & Catching	Multi-Skills	Outdoor and Adventurous
		NAIt: Claille	(Movement)	Multi-Skills	(Athletics)	NAIA: CI.:II.a
		Multi-Skills		IVIUITI-SKIIIS		Multi-Skills
			Handball			
Year 1	Activities leading towards basic skills for	Gymnastics	Dance +15m Yoga	Multi-Skills	Athletics	Outdoor and Adventurous
	invasion games	Netball/Basketball		(Throwing and Catching)		
		Netball/ basketball	Handball			
Year 2	Invasion Games	Gymnastics	Dance+15m Yoga	Net wall, Striking and Fielding	Athletics	Outdoor and Adventurous
	Activities leading to invasion games using	Nathall/Daglathall		Tannia / Mallauhall		
	equipment on the floor e.g. hockey, football, etc.	Netball/Basketball	Handball	Tennis / Volleyball	Cricket	Kick Rounders
	Activities leading towards invasion games - Ball				ooet	THE REPORT OF THE PERSON OF TH
	in hand.					
Year 3	Invasion Games	Gymnastics	Dance+15m Yoga	Net wall, Striking and Fielding	Athletics	Outdoor and Adventurous
	Hockey / Tag Rugby	Netball/Basketball		Tennis / Volleyball	Cricket	Rounders
			Handball			
Year 4	Invasion Games	Gymnastics	Dance+15m Yoga	Net wall, Striking and Fielding	Athletics	Outdoor and Adventurous
				Tennis / Volleyball		
	Hockey / Tag Rugby	Netball/Basketball	Handball		Cricket	Rounders
Vaca F	Invasion Comes	Commenties		Natural Chrisina and Fielding	0 + b   c + : c c	Outdoor and Advantunous
Year 5	Invasion Games	Gymnastics	Dance+15m Yoga	Net wall, Striking and Fielding Tennis	Athletics	Outdoor and Adventurous
	Hockey / Tag Rugby	Netball/Basketball				Swimming
			Handball	Swimming	Swimming	
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Year 6	Invasion Games	Gymnastics	Dance+15m Yoga	Net wall, Striking and Fielding Tennis / Volleyball	Athletics	Outdoor and Adventurous
	Hockey / Tag Rugby	Netball/Basketball	Handball		Cricket	Rounders / Softball