Enhancing the PSHE Curriculum through Quality Literature
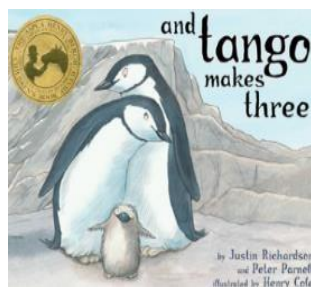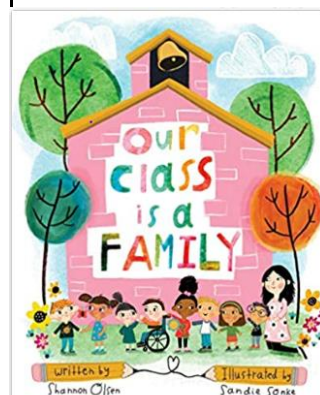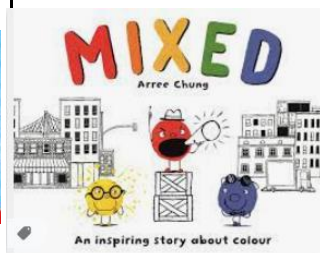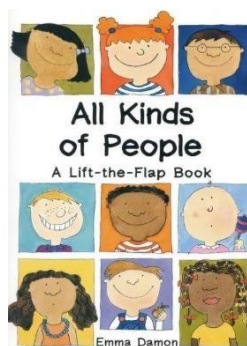## Long Term Plan

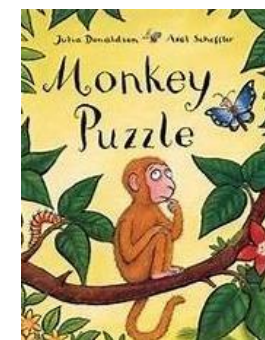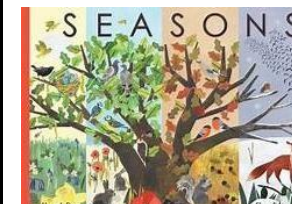|	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	**In EYFS, children have access to a range of texts to support learning of PSED through the class stories they share on a daily basis. Personal, social and emotional development (Managing Self)** Children show an understanding of their own feelings and those of others whilst beginning to regulate their behaviour accordingly. They set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Children give focused attention to what teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions. **Personal, social and emotional development (Building Relationships)** Children work and play cooperatively and take turns with others. They form po sitive attachments to adults and friendships with peers whilst showing sensitivity to their own and others' needs.					

Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan

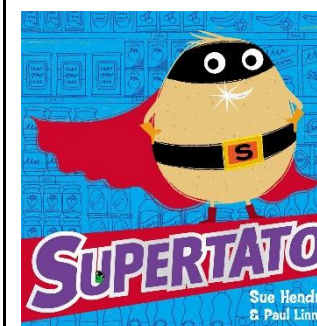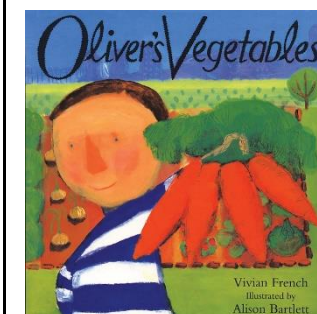| R				In progress		
	My Friends and Me; Emergency!; Dr Ranj Superhero Like You; DK Real Superheroes	All Kinds of People A Lift-the-Flap Book – Emma Damon; Mixed – Arree Chung: An inspiring story about colour; Our Class is a Family – written by Shannon Olsen, illustrated by Sandie Sonke	And Tango makes three by Justin Richardson and Peter Parnell, Illustrated by Henry Cole		Wash Your Hands, Mr Panda; Oliver's Vegetables – Vivian French, Illustrated by Alison Bartlett; Supertato – Sue Hendra & Paul Linnet	Seasons; Monkey Puzzle – Julia Donaldson & Axel Scheffler

Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan

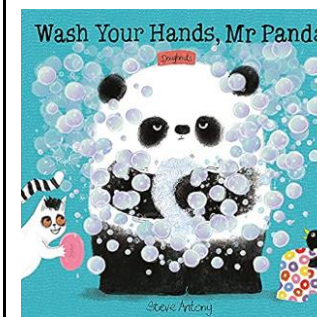| Year 1	What helps us stay healthy?	Who is special to us?	What is the same and different about us?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
	Do not lick this book	MILO IMAGINES THE WORLD	WE'RE ALL WONDERS / GIRAFFES CAN'T DANCE	LEMONADE IN WINTER / Rock, Brock, and the Savings Shock	You Can't call an Elephant in an EMERGENCY	Have You Filled a Bucket Today? / LAST STOP ON MARKET STREET
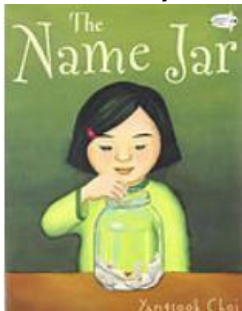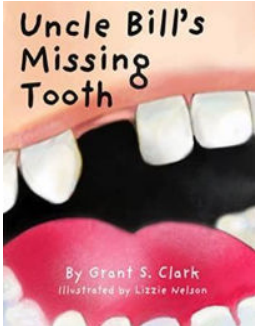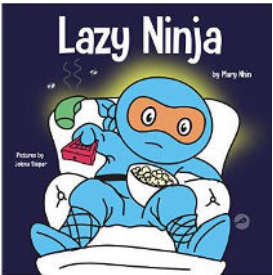
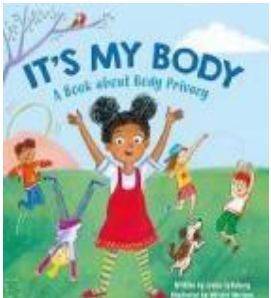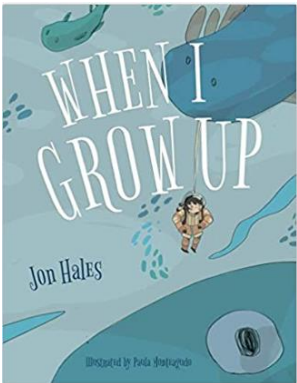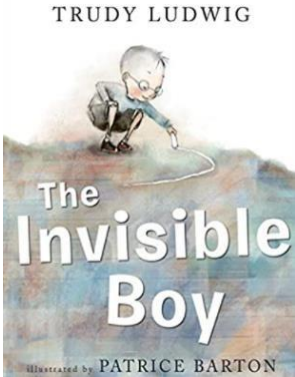# Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan

Year 2	What helps us to stay safe?	What is bullying?	What jobs do people do?	What makes a good friend?	What helps us grow and stay healthy?	How do we recognise our feelings?
	IT'S MY BODY A Book about Body Privacy	One by Kathryn Otoshi	WHEN I GROW UP Jon Hales / SHARK LADY	On Sudden Hill Linda Sarah and Benji Davies / The Bog Baby Jeanne Willis · Gwen Millward	THE COUCH POTATO JORY JOHN and PETE OSWALD	BIG FEELINGS Alexandra Penfold · Suzanne Kaufman

Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan

Year 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth?	Why should we keep active and sleep well?
	TRUDY LUDWIG — The Invisible Boy, illustrated by PATRICE BARTON	TROLL STINKS	Fred Stays with Me! A Horn Book Honor Award Winner	The Name Jar	Uncle Bill's Missing Tooth, By Grant S. Clark, Illustrated by Lizzie Nelson	Lazy Ninja

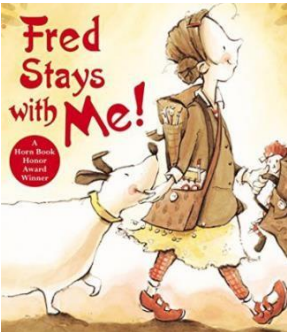# Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan

Year 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can we keep healthy as we grow?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?
	the dot — PETER H. REYNOLDS	JULIAN IS A MERMAID — Jessica Love	AN EMOTIONAL MENAGERIE — Feelings from A to Z	The Good Germ Hotel — Meet Your Body's Marvellous Microbes	SIMON JAMES — Dear Greenpeace / THE PROMISE	The Song From Somewhere Else — A.F. Harrold
	The Visible Sounds		Feelings — Libby Walden · Richard Jones		The PAPERBAG PRINCE — Colin Thompson / TREE	

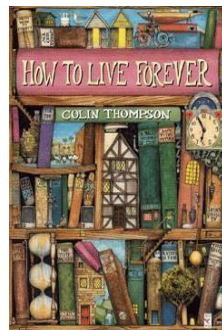# Enhancing the PSHE Curriculum through Quality Literature
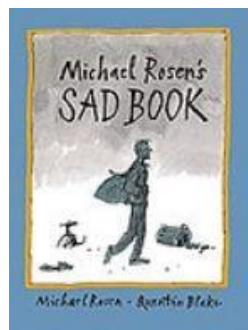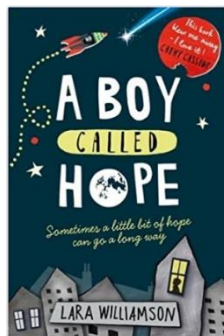## Long Term Plan

Year 5	What makes up a person's identity?	What decisions can people make with money?	How will we grow and change?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like?

Fly, Eagle, Fly! An African Tale — Christopher Gregorowski, pictures by Niki Daly

The Proudest Blue — Ibtihaj Muhammad with S.K. Ali, art by Hatem Aly

The Invisible — Tom Percival

Love Your Body — Jessica Sanders, illustrated by Carol Rossetti

The Girls' Guide to Growing Up — Anita Naik

The Boys' Guide to Growing Up — Phil Wilkinson

#Goldilocks: A Hashtag Cautionary Tale — Jeanne Willis, Tony Ross

A Terrible Thing Happened — By Margaret M. Holmes, Illustrated by Cary Pillo

Radiant Child: The Story of Young Artist Jean-Michel Basquiat — Javaka Steptoe

Sisters & Champions: The True Story of Venus and Serena Williams — Howard Bryant, Illustrated by Floyd Cooper

Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan

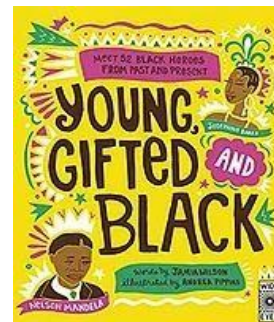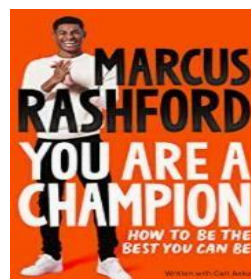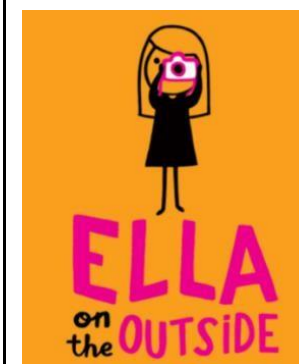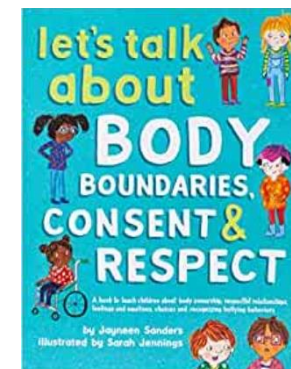| Year 6	How can we keep healthy as we grow?	How can the media influence people?	What will change as we become more independent? How do friendships change as we grow?
	All the THINGS that could go WRONG — STEWART FOSTER **A BOY CALLED HOPE** — *Sometimes a little bit of hope can go a long way* — LARA WILLIAMSON **Michael Rosen's SAD BOOK** — Michael Rosen · Quentin Blake **HOW TO LIVE FOREVER** — COLIN THOMPSON	**MARCUS RASHFORD YOU ARE A CHAMPION** — HOW TO BE THE BEST YOU CAN BE — Written with Carl Anka **YOUNG, GIFTED AND BLACK** — MEET 52 BLACK HEROES FROM PAST AND PRESENT — written by JAMIA WILSON, illustrated by ANDREA PIPPINS **Usborne STAYING SAFE ONLINE** **GIRLS WHO CHANGED THE WORLD** — MICHELLE ROEHM McCANN	**RESPECT** — CONSENT, BOUNDARIES AND BEING IN CHARGE OF YOU — RACHEL BRIAN **let's talk about BODY BOUNDARIES, CONSENT & RESPECT** — by Jayneen Sanders, illustrated by Sarah Jennings **ELLA on the OUTSIDE**
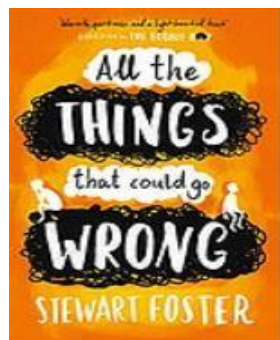
Enhancing the PSHE Curriculum through Quality Literature
Long Term Plan