



PE Long Term Plan 2024/2025

PE	Taught by	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYP	Class teacher	Body management	Gymnastics	Dance +15m Yoga (Movement)	Manipulation and coordination	Speed, agility, travel	Cooperate and solve problems
Year 1	Kanga	Attack, defend, shoot	Gymnastics	Attack, defend, shoot (2)	Gymnastics (2)	Hit, catch, run	Hit, catch, run (2)
	Class teacher	Send and return	Run, jump, throw	Dance +15m Yoga	Send and return (2)	Run, jump, throw (2)	Outdoor and Adventurous
Year 2	Kanga	Attack, defend, shoot	Gymnastics	Attack, defend, shoot (2)	Gymnastics (2)	Hit, catch, run	Hit, catch, run (2)
	Class teacher	Send and return	Run, jump, throw	Dance+15m Yoga	Send and return (2)	Run, jump, throw (2)	Outdoor and Adventurous
Year 3	Kanga	Hockey	Basketball	Handball	Tag rugby	Cricket	Rounders
	Class teacher	Volleyball	Gymnastics	Dance +15m Yoga	Tennis	Athletics	Outdoor and Adventurous
Year 4	Kanga	Hockey	Netball	Handball	Tag rugby	Cricket	Rounders
	Class teacher	Volleyball	Gymnastics	Dance+15m Yoga	Tennis	Athletics	Outdoor and Adventurous
Year 5	Kanga	Volleyball	Basketball	Handball	Tennis	Cricket	Athletics
	Class teacher	Outdoor and Adventurous	Gymnastics	Dance +15m Yoga	Swimming	Swimming	Swimming
Year 6	Kanga	Hockey	Netball	Handball	Tag rugby	Cricket	Outdoor and Adventurous
	Class teacher	Volleyball	Gymnastics	Dance+15m Yoga	Tennis	Athletics	Softball